

Artificial Intelligence (AI), especially Generative AI (Gen AI), is transforming education and learning. Tools such as **ChatGPT, Claude, Gemini, Perplexity, Canva AI**, and other AI-powered platforms can support learning, improve communication, and help healthcare professionals understand complex concepts.

At NIMHANS Digital Academy, including **NIMHANS ECHO** and the **NIMHANS e-Learning Hub**, learners are encouraged to use AI responsibly, ethically, and transparently as an **assistance tool** — not as a replacement for original thinking, clinical judgment, or analytical ability.

This guidance has been prepared after reviewing educational and academic AI policies from universities and publication platforms, as well as practical experience with AI tools in healthcare education.

Responsible & Ethical Use of Generative AI

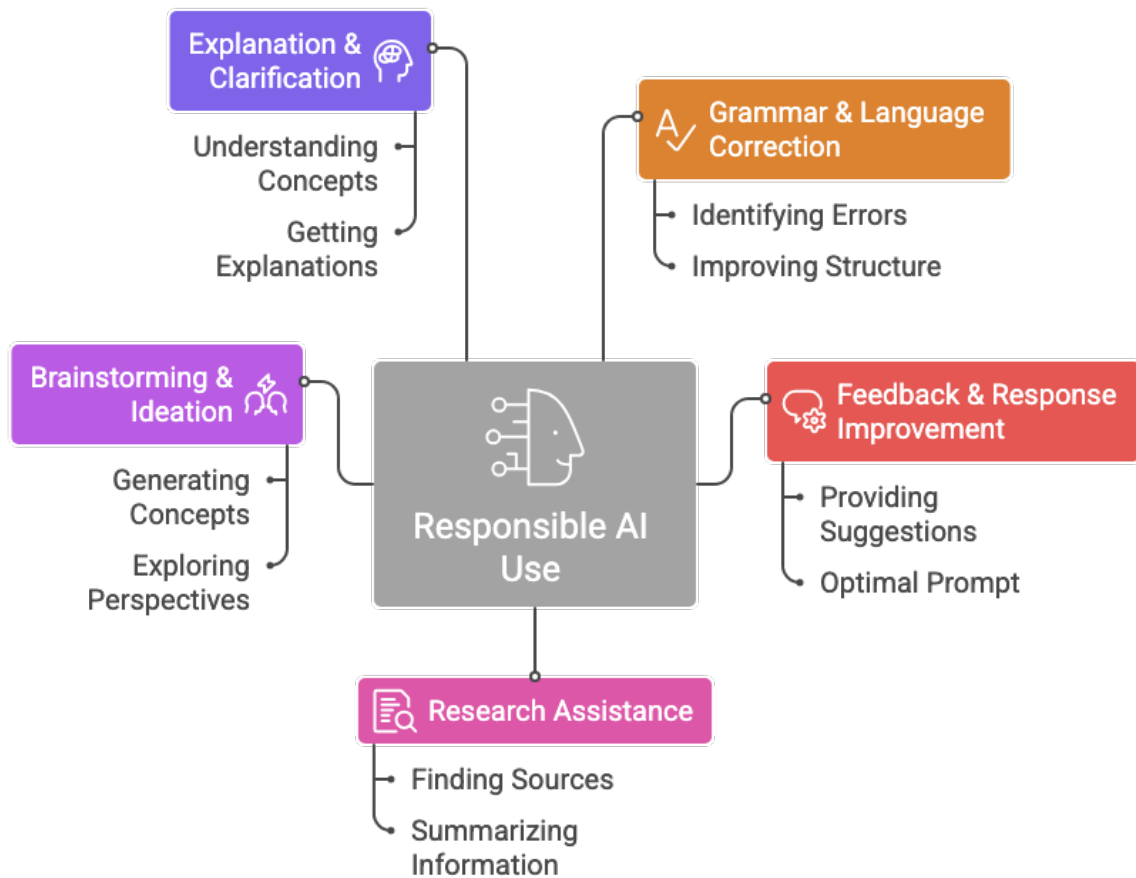
Use AI as an **assistance tool** to enhance learning and professional practice.
Always think critically, verify information, and maintain academic integrity.

TYPES OF AI TOOLS	ACCEPTABLE USES OF AI	STRICTLY PROHIBITED USES
<p>Generic Purpose AI</p> <ul style="list-style-type: none"> • ChatGPT • Claude • Gemini • Perplexity <p>Specific Purpose AI</p> <ul style="list-style-type: none"> • Canva AI • Sketchboard AI • Learndash AI 	<ul style="list-style-type: none"> • Grammar & language correction • Improve clarity, structure & formatting • Feedback & response improvement • Research assistance & finding references • Summarising information & resources • Understanding complex concepts • Brainstorming & idea generation 	<ul style="list-style-type: none"> • Complete content generation • Dumping assignment/exam questions into AI tools • Submitting AI-generated work as original • Excessive dependence on AI-generated responses <p>AI CONTENT LIMIT Maximum AI-generated contribution should not exceed 20% of any submission.</p>
<p>MANDATORY AI DISCLOSURE</p> <p>All submissions using AI must include:</p> <ul style="list-style-type: none"> Whether AI was used Which AI tools Purpose of AI usage Extent of AI assistance How AI content was integrated 	<p>HOW TO USE AI RESPONSIBLY</p> <ul style="list-style-type: none"> Start your work independently Use as an assistance tool Critically review AI suggestions Verify accuracy & references Maintain originality & your voice 	

AI supports learning and professional practice. It does not replace human judgment, expertise, or ethical responsibility.

A Summary on Responsible AI Use

Responsible AI Use in Academics: A quick summary



Made with Napkin

Effective Prompts to AI for Better Response

Responsible AI Prompting Example

■■■■ Example Prompt – Medical Doctor

"I have enrolled in the NIMHANS course/module on Addiction Management. This is an essay response for the management of a 42-year-old patient having an alcohol withdrawal seizure. Please review my draft, keeping in mind that I am a clinician."

Responsible AI Prompting Example

■■■■ Example Prompt – Nurse Counsellor

"I work as a nurse cum counsellor in a TB clinic. Can you provide evidence of Brief Intervention for smoking cessation among patients with Tuberculosis? Please provide references from peer-reviewed journals."

Responsible AI Prompting Example

■■■■ Example Prompt – Counsellor

"Act as a counsellor who is developing awareness content on cannabis use for 12th standard college students."

Responsible AI Prompting Example

■■■■ Example Prompt – Researcher

"I am a researcher comparing the mean age of two groups. Which statistical test is appropriate when the sample size of each group is below 50?"

HOW TO USE AI RESPONSIBLY



Start your work independently



Use as an assistance tool



Critically review AI suggestions



Verify accuracy & references



Maintain originality & your voice

Please Avoid

The following uses of AI are not advisable for NIMHANS academic courses or training:

- Complete content generation without learner contribution
- Dumping assignment or examination questions directly into AI tools
- Submitting fully AI-generated work as original work
- Excessive dependence on AI-generated responses
- Using AI to bypass academic or professional learning requirements
- Presenting AI-generated responses without proper review or validation

AI Content Limit: The maximum AI-generated contribution should not exceed 20% of any submission as per AI detector

MANDATORY AI DISCLOSURE

All submissions using AI must include:



Whether AI was used



Which AI tools



Purpose of AI usage



Extent of AI assistance



How AI content was integrated

Mandatory AI Disclosure Requirements

All submissions using AI tools must clearly mention:

Disclosure Item	What to Include
Whether AI was used	Clearly state yes or no
Which AI tools were used	Name the specific tool(s) e.g. ChatGPT, Claude, Gemini
Purpose of AI usage	e.g. drafting, grammar check, summarising, image generation
Extent of AI assistance	Approximate percentage or description of contribution
How AI-generated content was integrated	Describe how it was reviewed, edited, and incorporated

NIMHANS ECHO and NIMHANS e-Learning Hub encourage **responsible, ethical, and learner-centred use** of Artificial Intelligence in healthcare education.

Drafted on: **22 May 2026** (This is a fast-changing field; this page will be updated in due course).
Claude AI was used to refine the content | Napkin AI for image generation | Grammarly for grammar correction
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